# Welcome <br> to <br> Bladen 

The philosophy of our restaurant is based on sustainability and the promotion of local biodiversity, through the use of local raw materials. By working with local suppliers, we are able to offer authentic and high-quality dishes, reducing the environmental impact of transporting products over long distances and supporting the local economy.


## STARTER

## Seared squids

with lime, chilli and garlic-thyme butter ${ }^{4}$

## Mountain tacos

carne salada, tomato, onion, guacamole sauce and fresh coriander ${ }^{1}$

## Foie Gras *

pan-seared with apricot compote ${ }^{11}$

## Potato pie

with marinated salmon, salmon caviar and marinated egg yolk 3, 4,7

## Pleurotus mushrooms

breaded and grilled with polenta pie and
black truffle ${ }^{1,7}$

## Fine diced venison *

garlic, marjoram, sweet paprika and dill served with dark seed bread 1,5,8,11

## Duck breast

salad, pine nuts, pomegranate vinegar and plum Hoisin sauce ${ }^{5,6,8}$

## Mixed vegetable salad

made to order (or buffet if available)

* supplement 7,00 € for guests with half board or full board

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## HOME MADE PASTA

## Spaghetti alla chitarra

with pistachios, cherry tomatoes and smoked provola ${ }^{1,3,5,8}$

## Saffron tagliolini

sautéed with wild boar ragout 1,3

## Pappardelle al Barolo

with beef stew, potatoes and carrots 1,3

## Tortellacci with salmon *

chives and lime on beurre blanc sauce 1, 2, 3, 4,7

## Ravioli

filled with ricotta, potatoes, onion, nettle,
bitter cocoa and cinnamon on a clarified butter 1,3,7

## Sweet potato gnocchi

with gorgonzola sauce and dried tomato gems 1,3,7

## Vegetarian dumplings*

in intense winter broth and Sumac powder 1, 3, 7, 8

* supplement 7,00 € for guests with half board or full board

B

## MAIN COURSE

## Grilled Scottish salmon *

served with lobster bisque, Pernod and vegetable fantasy ${ }^{2,4,6,14}$

## Beef rump

grilled with mushroom fricassee, thyme sauce, potatoes and salad

## Pork fillet

infused with lemon, pepper, garlic,
caramelized onion, bacon sauce and vegetables

## Lamb shank

braised in Refosco, couscous salad, quinoa and cooking sauce ${ }^{1,8}$

## Sliced calamari *

on sauce puttanesca and pea shoots 2,4

## Chicken thigh

suprema sauce, mushrooms, duchess potatoes and cherries $1,3,5,7$

## Grilled deer loin *

potato puree and sweet raspberry sauce 1,7

* Supplement 7,00€ for guests with half board or full board

B

## DESSERT

## Saffron panna cotta with fresh fruit *

with elderflower ice cream and chocolate earth 7,8

## Cheesecake

with currant topping and chopped hazelnuts 1,5,7,8

## Panna cotta

Made of white and dark chocolate with
a soft gianduia heart 7.8

## Coffee cake

caramelized banana and
chocolate ganache cream 1,5,7

## Cannolo

filled with ricotta, chocolate chips and pistachio cream 1, 5, 7, 8

## Tiramisù Bladen 1,3,7

Wide selection of ice creams and sorbets 3 , 5, 7, 8

* Supplement 7,00€ for guests with half board or full board

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For information relating to allergens, please see the last page

Our ingredients are all fresh and come from controlled and known supply chains. What we produce is treated scrupulously in compliance with HACCP regulations, using cutting-edge technologies, such as vacuum, refrigeration and sub-zero heat reduction, both as a preparation technique and in food preservation.

1 CEREALS containing gluten such as wheat, rye, barley, oats, spelt, kamut and their derived strains and derived products

2 CRUSTACEANS and shellfish-based products
3 EGGS and egg-based products
4 FISH and fish-based products
5 PEANUTS and peanut products
6 SOYA and soy products

7 MILK and milk products (including lactose)
8 NUTS such as almonds, hazelnuts, walnuts, pistachios and their products

9 CELERY and celery-based products

10 MUSTARD and mustard-based products

11 SESAME SEEDS and sesame seed-based products

12 SULFUR DIOXIDE AND SULPHITES in concentrations higher than $10 \mathrm{mg} / \mathrm{kg}$ or $10 \mathrm{mg} / \mathrm{litre}$ in terms of total sulfur dioxide

13 LUPINS and lupine-based products

14 MOLLUSCS and mollusc-based products

Please inform our dining room staff of any allergies or intolerances. Thank you.

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